HOT COCOA

(pictured, page 108)

¼ cup sugar
¼ cup unsweetened cocoa
Dash salt
1 cup water
3 cups milk
4 large marshmallows (optional)

In medium saucepan, combine sugar, cocoa, salt and water; mix until smooth. Over medium-low heat, bring mixture to boiling, stirring constantly. Reduce heat, and simmer 2 minutes. Stir in milk. Heat over low heat; do not boil. Remove from heat. Beat with rotary beater. Serve at once in mugs. Top each serving with a large marshmallow.

Makes 4 servings; 16 cents each; 192 calories per serving.

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